



## **MY 2017 INTENTIONS**

My one-word theme for 2017 is:

This year I will commit to doing more:

I will be most proud of myself if I:

I will commit to accomplishing:

And...

I will STOP doing:

I anticipate my biggest challenge will be:

I will make it easier on myself by:

This year I will not tolerate:

I will take the risk to:

This year, I will be:

I will have a close relationship that is:

I will have friendships that are:

I will have a physical body that is:

I will never, ever:

And I will always, always:

*Adapted from "Year In Review" by Laurie Wann, Intentional Entrepreneurs (2016)*